

Akashic Ascension *Rocks Minerals and Crystal*



Abalone: (Abalone Shell) Useful for handling and calming emotional situations. Stimulates psychic development and intuition.

Amazonite: Enhances intuition, psychic powers, creativity, intellect, and psychic ability. It aligns the physical and astral bodies. Throat Chakra

Amber: To manifest desires and heighten intellectual abilities, clarity of thought and wisdom.

Amethyst: Powerful and protective, aligns with Higher Self, aligns meridians, emotional balancing.

Ametrine: Protective and centering

Angelite: Facilitates conscious contact with the angelic realm. It enhances telepathic communication and enables out-of-body journeys.

Aqua Aura: Frees one from limitations and creates space for something new. It activates the charkas, especially at the throat. Stimulates channeling and self-expression, and deepens spiritual attunement.

Aquamarine: A stone of courage with calming energies that reduces stress and quiets the mind.

Aragonite: a powerful earth healer and grounding stone attuned to the Earth Goddess. This stone centers and grounds ones physical energies. Deepens ones connection with the earth

Aventurine: A very positive stone of prosperity. It has a strong connection to the devic kingdom often used to grid houses and gardens against geopathic stress. When worn this stone absorbs electromagnetic smog and protects against electromagnetic pollution. Defuses negative situations and turns them around.

Azurite: Guides psychic and intuitive development urging the soul towards enlightenment. Cleanses and stimulates the third eye. Raises ones consciousness to a higher level and allows greater control over spiritual unfoldment.

Bloodstone:

Blue Lace Agate: A calming and tranquil stone. Assists with reaching higher spiritual planes, communicating with angels and activating the throat chakra

Blue Topaz: Excellent for meditation and attuning to the higher self. This stone attunes to the angels of truth and wisdom.

Calcite: Powerful amplifier and cleanser of energy. Placing calcite in a room cleans negative energies from the environment and heightens your energy. It is an active crystal that speeds development and growth. A spiritual stone that enables higher awareness, and psychic abilities, channeling and out of body experiences.

Carnelian: Carnelian grounds and anchors one in the present reality. Excellent stone for restoring vitality, motivation and for stimulating creativity. Carnelian has the power to cleanse other stones.

Celestite: A new age stone filled with divine energy. Wonderful stone that facilitates contact with the Angelic realm. Accelerates spiritual development and urges one toward enlightenment. Great stone for stimulating clairvoyant communication, dream recall, and out of body journey.

Chalcedony: Chalcedony harmonizes the mind, body, emotions and spirit.

Charoite: Charoite stimulates inner vision and spiritual insight. It cleanses the aura and brings about unconditional love.

Chrysocolla: Chrysocolla is a tranquil stone that assist with meditation and communication. It calms, cleanses, and reenergizes all the chakras while also aligning them with the divine.

Chrysoprase: Chrysoprase has the quality of inducing deep meditative states. It draws out ones talents and stimulates creativity.

Citrine: Citrine carries the power of the sun and acts as a powerful cleanser and regenerator. Citrine energizes every level of life and never needs cleansing. Citrine is a stone of abundance and teaches one how to manifest and attracts wealth and prosperity.

Emerald: Emerald is known as the “stone of successful love”. It is a stone of inspiration and infinite patience.

Fluorite: A highly protective stone, especially on a psychic level. The stone stabilizes the aura and helps discern when outside influences are at work within you. Fluorite grounds and integrates spiritual energies.

Garnet: Garnet cleanses and reenergizes the chakras. Revitalizes, purifies and balances energy, bringing serenity or passion. Garnet regenerates the body and stimulates the metabolism.

Hematite: Hematite is a grounding and protective stone. It harmonizes the body, mind and spirit. It dissolves negativity and prevents negative energies from entering the aura.

Herkimer Diamond: This stone energizes, enlivens and promotes creativity. A powerful attunement crystal, especially the smaller, clear crystals. Stimulates psychic abilities, clairvoyance, spiritual vision and telepathy. Opens channels for spiritual energy to flow.

Jade: Jade is associated with the heart chakra and increases love and nurturing. Jade is a protective stone believe to protect the wearer from harm and brings harmony and good luck. Spiritually jade encourages you to become who you really are. It allows you to recognize yourself as a spiritual being on a human journey.

Jasper: “supreme nurturer”, aligns the chakras and brings about tranquility and wholeness. Supports circulatory, digestion and sexual organs.

Kyanite: Excellent stone for attunement and meditation. Amplifies high frequencies and stimulates intuition connecting one with their spirit guides.

Blue Kyanite: Strengthens the voice and heals the throat. Good for performers and public speakers

Black Kyanite: Grounds the body while aligning the chakras, and during or after meditation.

Kunzite: Very spiritual stone with a high vibration. Awakens the heart chakra, and unconditional love. Kunzite encourages self-expression, removes obstacles from your past.

Labradorite: Very mystical and protective stone. It raises consciousness and aligns physical and etheric bodies. Calms the mind and over active imaginations.

Lapis Lazuli: Opens the third eye and balances the throat chakra. Aids in spiritual journeying and stimulates personal and spiritual power. Encourages one to take charge of their life.

Larimar: Naturally raises ones consciousness and stimulates evolution on the earth. Wonderful meditative stone and facilitates angelic communication.

Lepidolite: It dissipates negative energy and insists on being used for the highest good. Stone aids in shamanic and spiritual journeying and the Akashic record.

Magnetite: Works with the body's magnetic field and meridians. Has a powerful positive-negative polarity. Attracts love, commitment and loyalty.

Malachite: Powerful stone that needs to be handled with caution. Protective stone that absorbs negative energy.

Moldavite: Stone of the new age. A form of tektite that has been used as a talisman for centuries. Brings about communication with the higher self and extra-terrestrial.

Mookaite: This form of Jasper balances between inner and outer experiences, while encouraging versatility. Points out all possibilities and purifies the blood.

Moonstone: The stone of new beginnings. Strongly connected with the moon and calms the emotions.

Moss Agate: Moss agate brings general abundance, success and prosperity. Promotes self-confidence and higher self-esteem.

Muscovite: Mystical stone with strong angelic connections. Stimulates awareness of the higher self. It is a reflective stone that allows you to see the mirror reflection of your self.

Obsidian: A stone with limitations or boundaries working very quickly with great power. A strong protective stone that provides a "grounding cord" from the base chakra to the earth.

Apache Tear Obsidian: A gentler version of obsidian. Remove toxins from the body, grounds and cleanses the earth chakra.

Black Obsidian: Very powerful creative stone that grounds spiritual forces to the physical plane making possible to manifest spiritual energy on earth.

Snowflake Obsidian: It teaches you to value mistakes as well as successes. Helps you to release, providing balance for body, mind and spirit.

Onyx: Supportive stone during times of mental or physical stress. Connection with the whole and aid in accessing higher guidance.

Opal: Enhances cosmic consciousness and mystical visions. A karmic stone that teaches you what goes out must come back. Enhances self-worth, strengthens the will to live.

Fire Opal: Enhancer of personal power, awakening inner fire and a protector. Symbol of hope, excellent for business and an energy amplifier.

Peridot: A protective stone for the aura, releasing and neutralizing toxins. Stone releases negative patterns so new ones may enter. Allows one to move forward rapidly.

Picture Jasper: “Earth Mother” containing a message from the past. Provides access to past lives and the surfacing of emotions that no longer serve your being with solutions to remove them.

Pietersite: Believed to hold the key to the kingdom of heaven. Stone of vision that may be used on vision quests and spiritual journeys.

Prehnite: Stone of unconditional love and the crystal to heal the healer. Induces deep meditation and puts one in touch with the earth energy guide. Puts you in touch with extra-terrestrial beings.

Pyrite: Enhances intelligence, mental stability, logic, analysis, creativity, memory, and psychic development. A powerful protection stone, and is very grounding. Brings energies of good luck or good fortune.

Quartz: Most powerful healing and energy amplifier. Releases, stores and regulates energy.

Aqua Aura Quartz: Artificially created. Creates space for creating something new.

Phantom Quartz: Symbolizes universal awareness. Stimulates healing for the planet and activate healing abilities in individuals. Access into the Akashic record.

Rose Quartz: Unconditional love, self-love and important crystal for the heart chakra.

Rutilated Quartz: Effective integrator of energy at any level. An illuminator for the soul, promoting spiritual growth, cleanses and energizes the aura.

Smokey Quartz: Grounding and anchoring stone while at the same time raises vibration during meditation. Grounds spiritual energy and neutralizes negative vibrations. Teaches you to release anything that no longer serves you.

Tourmalinated Quartz: Strengths the body’s energy field and turns negative thought energies into positive ones. It’s a problem solver.

Red Jasper: Red jasper grounds ones energy and corrects unjust situations. Brings problems to the forefront before they become too big while providing insight into difficult situations.

Rhodochrosite: Selfless love and compassion expanding consciousness and integrates the spiritual with material energies.

Rhodonite: An emotional balancer that shows both sides of an issue. Balances yin/yang and aids one to achieve their highest potential.

Ruby: Energizes and balances, but may over stimulate some people. Stimulates the pineal gland.

Ruby Zoisite: Activates the crown chakra and creates altered states of consciousness. Promotes soul learning.

Sapphire: Known as the wisdom stone bringing peace of mind and serenity. Restores balance with the bodies. Stimulates concentration and brings prosperity.

Selenite: Opens the crown and higher crown chakra. Brings about clarity of mind, brings deep peace and excellent for spiritual work.

Septarian:

Serpentine: Allows you understand the spiritual basis of life by stimulating the crown chakra and opening psychic ability.

Seraphinite: A stone of spiritual enlightenment and excellent for accessing self-healing. Out of body journeying.

Sodalite: Unites logic with intuition, stimulates the pineal gland and the third eye. Deepens meditation and eliminates mental confusion.

Sugilite: Love stone, spiritual love and brings the purple ray energy to earth.

Sunstone: Joyful light inspiring stone that heightens intuition. Clears chakras and brings in light.

Brown Tiger's Eye: Aids in paying attention to detail, warning against complacency

Red Tiger's Eye: Stimulating stone that overcome lethargy and provides motivation.

Blue Tiger's Eye: Calming and releases stress aiding the quick-tempered and phobic.

Topaz: Empathetic stone that directs energy to where it is needed. Soothes, heals, recharges and stimulates the meridians of the body. Promotes truth and forgiveness.

Tourmaline: Cleanses, purifies and transforms dense energy into a lighter form. Clears and balances the chakras and aura.

Turquoise: Very efficient healer providing solace for the spirit and wellbeing for the body. Enhances communication with the physical and spiritual worlds. Explores past lives.

Unakite: Stone of vision and balances emotions with spirituality.

Resources

- Channeled information Robert & Ann Oswald Laird www.AkashicAscension.com
- Hall, Judy. *The Crystal Bible: a Definitive Guide to Crystals*. Old Alresford: Godsfield, 2003. Print.