



"We are committed to the Ascension of humanity."

Our mission is to empower and provide resources for every sentient being to access the universal energy that flows in vast abundance. We believe in the full attainability of spiritual ascension that will liberate and connect us back to our true nature. To empower those called to tap into universal consciousness and experience the truth and beauty of our power to manifest our reality. Additionally, to be one with source, to be integrated and to be awakened to the limitless possibilities of our very existence. To find within our selves the source of power, to be congruent with Cosmic Consciousness. Our goal is for you to experience in your own way the vast information available to you and for you to have complete and clear accessibility to your Higher Self. We want you to find your feeling of completeness, your feeling of unity and connectedness to all.

About Ann Oswald-Laird:

Ann has developed her healing and consulting practice over the past 15 years. She has developed her talents as a Reiki Master, Certified Biodynamic Cranio-sacral Therapist, Matrix Energetics Practitioner and an Akashic Record Consultant. She grounds her work with a B.A. in Religious Studies and continued MA studies, which focuses on Feminist and Liberation theology. Furthermore, her work incorporates a diverse array of spiritual, meditative and contemplative practices with a strong connection to the Buddhist warrior philosophy. Through these holistic healing modalities, Ann has created a healing space that empowers her clients to move beyond self-limitations while addressing core issues and create greater insight into their souls journey.

About Robert C. Laird:

Robert has developed his spiritual practices over the last 15 years, always eager to experience new paths that awaken his sense of being. His educational background is a B.A. in psychology and philosophy and finalizing his Master work in East Asian Studies with a focus in Buddhism concepts of transpersonal psychology, a science of consciousness. Robert is a Reiki Master and an Akashic Record consultant, trained in the modalities of Matrix Energetics, Lightwave and Channeling. Following a Buddhist spiritual path Robert also practices various meditative and contemplative practices that enhance his ascension path and connection to Cosmic Consciousness.

Together Robert and Ann manifest experiences for their audiences that empower both the individual and the group to explore the expansiveness of Cosmic Consciousness. Their ability to access information allows one to experience clarity and understand, while at the same time creates vision for the individual or group to see the limitlessness of possibility. They have a keen sense that maintains and aligns energies that will enhance and assist the unique experience within the individual as well as the group. Utilizing the natural surroundings and environment, such as Mt. Shasta, Pawley's Island, Sedona, Badlands, and Zion National Park to connect and enhance the spiritual experience. If you have interest in any of the locations listed or you are interested in additional locations to include metropolitan areas please email us.

"We are called to the Light to ask for the ability to heal, to soften the challenges, and to express the joy of what it means to be human. We are open to the Light in efforts to provide purpose, direction, and motivation, and to act on where we are called. We

move beyond the ordinary to the extraordinary and create space of possibilities for all souls to experience grace.

"The Akashic Record sessions have provided my business marketing insights with clear, in depth business expansion goals, a positive in-depth vision with structure for my clients, business and personal goals to expand beyond my current limited understanding and achievement." Richard E.

"Their ability to bring awareness and understanding to me through their compassion and insight has provided me with clarity, removed obstacles, and has brought about healing to my mind, body, and soul." Merry L.

What is the Ascension Method?

The Ascension Method is a state of aligning with Truth to manifest One's purpose, direction and motivation.

Ask yourself, "Am I in relationship with my Higher Self? Do I experience true potentiality? Am I being called to greatness or simply, am I being called to be present to this moment, this time and to this place? If any of these ring true to you continue on and enter in to the matrix of the Ascension Method.

The Ascension Method provides tools and techniques for individuals, groups and corporations to embody the principle of pure potentiality. In other words, it a method that utilizes tools and practices that empower individuals to align with their greatness and/or the greatness of the group to manifest from a higher perspective enabling abundance, prosperity, financial freedom and Divine creation to be present in the practices of daily living and/or corporate strategies.

The Ascension Method is a tool or resource that aligns you, the receiver, with the information, the words and inspiration directly from Source to empower you. Ultimately, you are presented with clarity, purpose, direction and motivation along with the ability to release blockages that have created and/or manifested challenges in one's life. To encounter the Ascension Method is to walk through the doors of pure potentiality. In doing so, one aligns with Grace to fulfill one's purpose and to do so with ease.

Like an individual, a business and or corporation have its own signature, which could also be known, as a morphic field. The morphic field is an energetic vibration that is entangled in the experiences of a corporation that is imbedded in the information. The influence on corporate leaders, employees, customers, media and so on is evident in the outcome, results and profits.

The Ascension Method relies on the Higher consciousness, God consciousness to unfold the techniques and tools necessary. It is an act of allowing the presence of Divine intelligence to run the show and to bring forth the clarity, creativity and wisdom required in any situation. In doing so, the ability to transcend obstacles and blockages that have been present begin to take place. The art of allowing an individual and or corporation to move out of victimization and into self-actualization empowers the manifestation and aligns All with success.

The Ascension Method is designed to meet the receiver(s) just where they are. To align with their greatness by allowing the information to be presented just how and where the receiver(s) can best assimilate. To foster a sacred space of transformation the symbol, "Notice what you notice" is the primal mover that allows the flow of pure potentiality to navigate the individual and/or corporate sessions. The allowing of information to present it's self is done without interpretation. Whatever shows up is presented in its purest form.

This state of allowing and the holding of the Sacred Space is the key factor in the overall transformation of our clients and their corporations. To manifest a Sacred Space where you the client can receive information from a higher perspective in alignment with your greatness is our gift to you

The Ascension Method utilizes:

- Akashic Record
The Akashic Record is a continuous band of information, a library of information that resides in the earth's energetic signature. It holds all information to include all past, present and future potentiality. In a humanistic sense, it holds key information regarding our very existence, our purpose, blocks, and the potentiality for clearing any energetic signature that keeps us from becoming or achieving our full potential.
- Lightwave is an energy infusion process that heralds from the Pleadian Star system to work in harmony with our biological systems brought forth from Bryan DeFlores. Working in relations with Higher Self the infusion process recalibrates and makes changes necessary for ascension.
- Matrix Energetics utilizes the state of pure potentiality of allowing the field of Quantum Physics to manifest observable changes, an opportunity for something else to show up, to create modules, templates, and access fields of information and to time travel.
- Craniosacral Therapy is the art of aligning with stillness and in doing so shifts trauma patterns that disempowered. It is the energetic pattern of returning to OM, the breathe of creation. It is the reunion of indigenous ways.
- Reiki Masters is the art of allowing pure potentiality and Grace to align the heart with Sacred Space. It is the master presenting in physical form an avenue to Source.
- Seven Sacred Flames are the Rays of:
 - Master El Morya: Blue Flame of Surrender and Protection
 - Lord Lantos: Yellow Flame of Illumination and Wisdom
 - Paul the Venetian: Pink Flame of Cosmic Love
 - Serapes Bay: White Flame of Purity
 - Master Hilarion: Green Flame of Healing and manifestation
 - Lord Sananda and Lady Nada: Purple and Gold Flame of Resurrection
 - Saint Germain: Violet Flame of Purification
 - Channeling from various Ascended Masters and Archangels

"I allow myself to receive Divine Wisdom to empower me to move into my greatness. I am safe. I am loved. I am Grace.

What might you expect from a session?

- ◆ Clarity about your business and life in the here and now
- ◆ Deeper understanding of your Soul's intention for patterns of behavior, fears, types of situations or people in your life with techniques of how to release them and move forward.
- ◆ Insight regarding right livelihood or career choices.
- ◆ Methods to release unsupportive beliefs and expand your abundance and prosperity.
- ◆ An ability to reorganize, restructure and define opportunities for growth.
- ◆ An opportunity to define relationships with loved one's and or clients. During your consultation you can ask about whatever you want more clarity on in your life and or business.

As you prepare for this session, take some time, in your own way, to center yourself with God and truly consider what you would like to talk about during our session; what is on your mind and on your heart. Let the questions come from a deep place within you.

Also, remember to refrain from using any recreational drugs or alcohol 24 hours prior to our appointment time.

Here are some thoughts to ponder as you prepare your questions:

- a) Look at your life circumstances or recent events. Choose the areas you need the greatest clarity.
- b) Notice any recurring patterns in your life you would like to eliminate or where deeper insight would be helpful.
- c) Notice the people in your life that offer you the greatest challenge and/or frustration. Ask how you can best work with them for the highest good of all concerned and the lesson being presented.
- d) You may also ask about direction of career or relationships, clarity of life purpose, lessons you are here to learn and how you can facilitate the learning.

It is important to know a consultation is based 100% on your questions. The more specific your questions are the clearer your answer. However, if you need some assistance framing the questions I will help you. Using the phrases, "Show me," "How can I," "What is . . .," and "Give me insight on . . ." are good ways to start.

The following are some examples of how to phrase questions:

- 1. What is my Soul's intention regarding the pattern of _____?**
- 2. How can I open my heart to _____?**
- 3. Please give me insight into the actions I could take in _____?**
 - ... attracting and maintaining a productive team?**
 - ... creating/attracting/accepting the abundance & prosperity of the Universe?**
 - ... moving forward with _____?**
- 4. Please give me insight into the situation of _____.**
- 5. What do I need to release to _____? What is blocking my ability to __?**
 - ... learn to trust _____?**
 - ... accept my responsibilities?**
- 6. What do I need to know at this time regarding the situation of _____?**
- 7. What is my contract (soul's relationship) with _____?**
- 8. How can I best support (be of service to) _____?**
- 9. Show me the steps that I can take to achieve, receive, _____?**
- 10. How can I best understand my motivations of _____ regarding _____?**
- 11. What's the core issue of why I am _____? (Confused, angry, a manager, an enabler, a teacher, a writer...**
- 12. What is the truth of _____?**
- 13. How can I release my judgment of self & others that block me from attracting abundance?**
- 14. What do I need to know about money and receiving abundance?**

Payment Information

1. Please make the check out to: Ann & Robert Laird
2. Credit Card Payments through Pay Pal
3. Payment can be made by cash, check, credit or money order.
4. Individual sessions can be done in person or over the phone/distance.

Akashic Record Consultation: \$85.00

A one hour to one hour and a half Akashic Record session this provides insight into your soul's path. This is based upon your questions.

Healing Session \$95.00

Biodynamic Craniosacral Therapy healing with your Akashic Record open. A healing session lasts for about an hour and a half that can have physical, mental, emotional, and/or spiritual affects of healing.

Business/Life Coaching Consultation \$95.00

A one and half hour session designed to provide insight and strategies that formats business planning and development answered by the questions provided. An opportunity to expand your business by implementing systems that are effective in creating abundance and prosperity.

Business Owners Price Determined

A half or full day session designed to provide insight into the business Akashic Record. Followed by individual sessions opening the Records of the Owners, Marketing Director, Human Resource Mgr., and Management Teams and so on. Create insight for success.

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Robert has an ability to be direct yet with so much compassion. His insights are not of him but through him as he guided me to shift patterns that have been woven in my ancestral line for many generations. The clarity of mind and the physical releasing allowed me to align with forgiveness. Ann L